

Marka ay tahay in la xirto maaskaro

Qoysaska iyo bixiyeyaasha xanaanada ilmaha waxay dooran karaan inay xirtaan maaskaro wakhti kasta si ay u helaan daryeel iyo raaxaysi.

Maaskarooyinka si adag ayaa loogu talinayaa:

- Shanta maalmood ee ku xiga ee muddada [isgo'doominta](#) COVID-19 ee ah shanta maalin ah
- Inta lagu jiro heerarka sare ee COVID-19 ee [bulshada](#)
- Haddii halis sare ugu jira COVID-19 daran
- Marka la daryeelayo carruurta yaryar ee khatarta sare ugu jira COVID-19 daran

Carruurta da'doodu ka yar tahay laba sano ama aan iska bixin karin waji daboolaha waa in aan loo xirin maaskaro.

Wixii ah macluumaad dheeraad ah booqo:

Maamulka Caafimaadka Oregon

[shuruudaha maaskarada iyo talooyinka](#)



Oregon
Health
Authority



Helitaanka dukumintiga: Wixii shakhsiyaadka naafada ah ama shakhsiyaadka ku hadla luuqad aan ka aheyn Ingiriis, OHA waxay ku siin kartaa warbixinta qaabab kale oo dadban sida fasiraadaha, daabacaada ballaaran, ama farta indhooleyaasha. Kala xiriir Xarunta Macluumaadka Caafimaadka 1-971-673-2411, 711 TTY ama COVID19.LanguageAccess@dhsosha.state.or.us.