

When to wear a mask

Families and child care providers may choose to wear masks at anytime for their own care and comfort.

Masks are strongly recommended:

- For the five days following a five-day COVID-19 [isolation](#) period
- During high COVID-19 [community levels](#)
- If at high risk for severe COVID-19
- When caring for young children at high risk for severe COVID-19

Children under the age of two or who cannot remove a face covering should not wear one.

For more information visit:

Oregon Health Authority's
[mask requirements and recommendations](#)



Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the Health Information Center at 1-971-673-2411, 711 TTY or [COVID19.LanguageAccess@dhsaha.state.or.us](#).