

# Two-Minute Tips

## COVID-19 Edition: Drop-Off and Pick-Up

The new guidelines require parents or caregivers to follow the social distancing requirement during drop-off and pick-up whether it is at the entrance of the classroom or outside the facility. Stay at least six feet from others not in your household and wear a mask or face covering to reduce your chances of coming in contact with viral particles.<sup>1</sup>

### Practice Tips

#### Safe Drop-Offs and Pick-Ups

Create social distance marks on the sidewalk indicating where parents and children should wait. To encourage them to stand on the marks while waiting, make it fun and interesting such as using a design in the shape of an animal.

#### Including Children

Use fun and creative ways to mark six feet of space, such as children's artwork, animal footprints, or colorful pictures. Allow children to create their own markings for later use if they wish. To keep it interesting, rotate markings periodically. Laminating markings would help them last longer in the rain!

#### Scheduling

Schedule staggered drop-off and pick-up times, use one-way traffic flows, or greet children at their vehicle.

Send text or email reminders about drop-off and pick-up times to ensure the new procedures are followed accordingly.

#### Health and Safety

Remember to have a hand sanitizing/washing station at the entrance of the facility for children and staff to use as they enter. Have staff complete the sign-in/out process. If that is not possible, use two separate containers labeled for clean and dirty pens or encourage parents to bring their own pens.

To reduce the number of household members involved, encourage the same person from each household to do drop-off and pick-up.

Remind parents or caregivers to wear a face covering. Have some disposable masks handy in case they forget their own.



#### Talk to Children

Drop-off can be a challenging time for young children—especially those who are shy, have difficulty separating, or who dislike changes in activity. Talk to children in age-appropriate language about the new drop-off and pick-up rules. Encourage families to discuss the new expectations with their children at home.

### Tips in Action!

Watch these videos\* to see:

- A family child care provider facilitating a [positive interaction](#) during drop-off.
- Staff [offering support](#) to a child struggling during drop-off.

\*Disclaimer: Linked media was filmed before COVID-19. Please follow the necessary guidelines to make these tips helpful and safe for your program.

### References

<sup>1</sup>[Center for Disease Control and Prevention.\(2020\). Social distancing.](https://bit.ly/3siLZyC) (https://bit.ly/3siLZyC)

Produced by  
Cultivate Learning



Funded by  
Early Learning Division  
Oregon Department of Education



