



Parent Daily Health Check

As an alternative to the daily health screening questions¹ at the child care facility, parents may complete the below health screening prior to arrival at the program. Use one space per day.

1. Do you or your child have the following symptoms: unusual cough, loss of taste or smell, shortness of breath, fever?
2. Have you or your child been exposed to a positive case of COVID-19 in the past 14 days?*
3. Have you or your child been exposed to a presumptive case of COVID-19 in the past 14 days?*

If you answered “no” to all of the questions on the left, sign and date below.

Signature

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*Exposure means close contact for longer than 15 minutes in a 24-hour period during the infectious period. The infectious period is two days before to 10 days after the person with COVID-19 symptoms first became symptomatic. If no symptoms were present, the infectious period is 2 days before the test was taken to 10 days after.

¹ Refer to <https://oregonearlylearning.com/COVID-19-Resources>. “Health and Safety Guidelines for Child Care and Early Education Operating During COVID-19.” Published 8/14/2020, updated May 2021.