

DAILY HEALTH CHECK

Daily Health Checks

Key Changes to Section:

- Revisions include additional clarifying language related to procedures and symptoms.
- Language has been added regarding screening for non-COVID related illnesses.

Rationale/Stakeholder Input:

- There is a chance for bias to come into play while conducting the daily health check. To mitigate bias, this guidance should include a checklist (informed by OHA guidance). Child care providers should strictly follow the checklist and respond in a yes/no fashion. The guidance should be clear on what to do about "yes" responses and who can enter the premises.
- Stakeholder input focused primarily on the need for greater clarity regarding expectations, requirements, and requests for technical assistance.
- Daily health checks are critical to reduce the transmission of communicable illness in child care settings. Daily health checks include observation, taking temperature, and asking questions for known COVID-19 symptoms, as well as symptoms of other common childhood illnesses.

DRAFT

Requirements. During COVID-19 an early care and education program must:

- Conduct daily health check for any children, staff, and other person (parent, maintenance, etc.) coming into contact with the child care for each stable group. (See “Recordkeeping” section to document the health check.)
- Require designated staff to take temperature of all entering children, staff, and other individuals coming into contact with a stable group.
- Ask all entering staff and adults dropping off children:
 - If they or the child have been exposed to a positive or presumptive case of COVID-19 any time during the 10 days after the confirmed or presumptive COVID-19 case first showed symptoms.
 - If yes, the exposed person must undergo quarantine for 14 days. The first day of quarantine would start on the day that the exposed person last had contact with the COVID-19 case during the 10 days they were infectious.
 - If they are experiencing unusual cough, shortness of breath, or fever. “Unusual cough” means something not normal for this person, e.g. allergies, asthma.
- Document that a daily health check was completed on every person entering and write down pass/fail only. Do not record symptoms or temperature in order to maintain privacy.
- Refer to OCC Exclusion Chart, found below, while completing daily health checks.

Exclusion Summary for Child Care Providers



If a child or staff member is sick with an illness that includes cough, shortness of breath, or fever:

If a child or staff member is exposed to a person who tests positive for coronavirus, or has a presumptive case of COVID-19:

If a child or staff member is exposed to a person who is in or enters quarantine for COVID-19, but the child or staff member does not have any symptoms:



This child or staff member should be sent home and get tested for the coronavirus.

If the test is positive or if the child or staff member is not tested, they must stay home for at least 10 days, and until 24 hours after resolution of their symptoms.

If the coronavirus test is negative, the child or staff member may return 24 hours after resolution of their symptoms.



This child or staff member must be excluded and should quarantine for 14 days with no symptoms – this is the time it takes to see if symptoms arise (incubation period for COVID-19).

If COVID-19 symptoms develop during that 14 days, the child or staff member should consult a doctor, and follow the directions in the previous column.

The child or staff member may now have a presumptive case of COVID-19.



Exclusion from child care is NOT required. Children cannot be denied care because of the fear of transmission of COVID-19.



Consult with a local public health authority with any concerns. A directory of local public health authorities in Oregon can be found at <https://www.oregon.gov/oha/ph/ProviderPartnerResources/LocalHealthDepartmentResources>.

Presumptive Case of COVID-19:

When you have been exposed to someone with a positive coronavirus test AND you have symptoms of cough, fever, or shortness of breath.

Quarantine:

When you stay away from other people for a period of time when you may become sick with an infection, even if you have no symptoms.

Fever free:

A temperature less than 100.4° Fahrenheit AND not using fever-reducing medicine (e.g. Tylenol).

For more information, visit <https://oregonearlylearning.com/COVID-19-Resources>.

Providers can also submit questions to the ELD by emailing ProviderContact@state.or.us.

