

Distance Learning Options

CPR and First Aid

Note: If you are working in a licensed child care setting you should first try to register for a Hybrid Adult, Infant & Child CPR/First Aid class through the **ORO Training Calendar**. Online **only** CPR and First Aid training will be allowed **only** during the Oregon state or emergency. This training will not be valid for OCC licensed programs when the Oregon state of emergency is lifted.

Organization	Website Link	Fee	Language
ORO Training Calendar	Find a Hybrid Adult, Infant & Child CPR/First Aid class. Search by your county: https://calendar.oregonregistryonline.org/	Varies by organization	English
AmericanBLS: You should choose: “Course with Basic or Pro Certification”	https://www.americanbls.com/courses/cpr-course-online/	\$14.95 or \$18.95 for the additional wallet card.	English
You should choose: “Curso Gratuito con Certificación BASICO o Pro”	https://www.americanbls.com/courses/curso-de-cpr-en-espanol/		Spanish
SafeGard	https://sgclassesonline.com/healthcare	\$15.00	English
American Red Cross	https://www.redcross.org/take-a-class/classes/adult-child-and-baby-first-aid%2Fcpr%2Faed-online/a6R0V0000015EUt.html	\$35.00	English
American Heart Association	https://cpr.heart.org/en/courses/heart saver-pediatric-first-aid-cpr-aed-course-options	\$20.00 +	English
American Health Care Academy A chance for Life CPR Training	https://cpraedcourse.com/course/cpr-first-aid-certification	\$35.95 – \$ 39.95	English

Online Health and Safety Trainings

Organization	Website Link	Topics	Fee	Length	Language
Oregon Center for Career Development (OCCD)	https://www.pdx.edu/occd/occd/	These courses are interactive online trainings.	Free	2	English, Spanish, Vietnamese Russian Chinese
				2	
				1	
				1	English, Spanish
Teaching Research Institute (TRI)	http://triwou.org/pages/show/cccr-food-handler-certification	Food Handler Training. This can be completed online or printed.	Free	2	English, Spanish, Vietnamese Russian Chinese