



Dear Providers,

As you may know, there have been a growing number of confirmed measles cases in Vancouver, WA and Portland, OR. Measles is a highly contagious disease that is spread through the air. Infants are particularly vulnerable since they are unable to receive the measles vaccine until they are at least 12 months of age. Please review the following information and resources, along with steps you can take to protect your children and staff.

### **Exposure**

Talk to your families and staff about the outbreak and determine if they or their children visited any of the locations where measles exposure has been identified by the [Multnomah County](#) or [Clark County](#) health departments. If a family was at one of these locations during the times listed, they should contact their physician and local health department and begin monitoring for signs and symptoms.

### **Immunization**

Determine which of your staff and children are not fully immunized:

- Children should receive two doses of the MMR (measles-mumps-rubella) vaccine, with the first dose given between 12 to 15 months of age and a second dose at 4 to 6 years of age.
- Persons are considered immune (not susceptible) to measles if any of the following apply:
  - They were born before 1957.
  - They have documentation of having had measles, confirmed by laboratory testing.
  - They are up to date on measles vaccines (one dose for children 12 months through 3 years, two doses for children 4 years and older and one dose for most adults born during or after 1957).
  - A lab test proves that they are immune.
- [Caring for Our Children 4<sup>th</sup> Edition](#) recommends that staff be current in all immunizations according to the [Centers for Disease Control and Prevention](#), including the MMR vaccine.

### **Exclusion and Return to Care (Children/Adults/Staff)**

- Notify the health department and immediately exclude anyone from the facility if they are diagnosed with measles for 4 days after their rash onset.
- If someone in your facility is diagnosed with measles, it is important to inform all individuals in your facility.
- Staff or children who are not immunized or not age-appropriately immunized may need to be excluded, refer to your local health department official who can help guide you in this area.



**Additional Resources and Information**

[Oregon Health Authority](#): This site contains detailed information on measles.

[Caring for Our Children 4<sup>th</sup> Edition](#): This is a resource for information on measles, exclusion and immunization requirements for children and staff.

Please reach out to us if you have questions: [ChildCare.emp@state.or.us](mailto:ChildCare.emp@state.or.us) or 1-800-556-6616.

Sincerely,

A handwritten signature in black ink, appearing to read 'Dawn Taylor', with a stylized, cursive flourish.

Dawn Taylor, Office of Child Care Director

